

CB-BK WE2 2026: Session: 3: COACH evaluation sheet for TEAM: TZT

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Cramer Renée

Coaches: Desmet Carl

Coaches: Backs Hubert

Coaches: Nuytten Stefanie HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 400M FREESTYLE MEN 15-18							Heat:4, starttime: 08:45	
Heat: 4/5 Lane : 1 Athlete: KINDT LIAM							Q-time: 04:22:15	
PB (50m pool): 04:22.15 Antwerpen 08/03/2026			PB (25m pool): 04:22.93SB: 04:22.15 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:28.53	01:00.85	01:34.06	02:07.72	02:41.38	03:15.54	03:49.37	04:22.15
	00:28.53	00:32.32	00:33.21	00:33.66	00:33.66	00:34.16	00:33.83	00:32.78
								

Coach feedback:

Event number: 18: 400M FREESTYLE MEN 15-18							Heat:4, starttime: 08:45	
Heat: 4/5 Lane : 8 Athlete: VANDEKERCKHOVE JEROME							Q-time: 04:22:16	
PB (50m pool): 04:22.16 Gent 08/02/2026			PB (25m pool): 04:23.94 SB: 04:22.16 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:01.97	no time	02:08.13	no time	no time	no time	04:22.16
	no time							
								

Coach feedback:

Event number: 20: 50M BACKSTROKE MEN 15+										Heat:10, starttime: 09:39																			
Heat: 10/13 Lane : 8 Athlete: KINDT LIAM																				Q-time: 00:29:18									
PB (50m pool): 00:29.18 Antwerpen 22/03/2026										PB (25m pool): 00:29.62SB: 00:29.18 Antwerpen 22/03/2026																			
	5 0 M																												
PB	00:29.18																												
	00:29.18																												
																													

Coach feedback:

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Event number: 20: 50M BACKSTROKE MEN 15+				Heat:13, starttime: 09:44	
Heat: 13/13 Lane : 3 Athlete: THONON MATISSE				Q-time: 00:27:62	
PB (50m pool): 00:27.62 Antwerpen 17/05/2026				PB (25m pool): 00:26.77 SB: 00:27.62 Antwerpen 17/05/2026	
	5 0 M				
PB	00:27.62				
	00:27.62				
					

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:3, starttime: 09:51	
Heat: 3/10 Lane : 1 Athlete: LINSKENS ELLOISE					Q-time: 02:19:12	
PB (50m pool): 02:19.12 Antwerpen 20/04/2025					PB (25m pool): 02:17.09 SB: 02:20.54 Gent 08/02/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:32.11	01:07.48	01:43.70	02:19.12		
	00:32.11	00:35.37	00:36.22	00:35.42		
						

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:8, starttime: 10:05	
Heat: 8/10 Lane : 8 Athlete: GANTOIS JANNE					Q-time: 02:12:45	
PB (50m pool): 02:12.45 Antwerpen 08/03/2026					PB (25m pool): 02:09.75 SB: 02:12.45 Antwerpen 08/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:31.01	01:04.61	01:38.58	02:12.45		
	00:31.01	00:33.60	00:33.97	00:33.87		
						

Coach feedback:

Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:9, starttime: 10:08	
Heat: 9/10 Lane : 7 Athlete: DESMET LIEZE					Q-time: 02:10:33	
PB (50m pool): 02:10.33 Antwerpen 22/03/2026					PB (25m pool): 02:07.33 SB: 02:10.33 Antwerpen 22/03/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:29.76	01:02.71	01:36.51	02:10.33		
	00:29.76	00:32.95	00:33.80	00:33.82		
						

Coach feedback:

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Event number: 21: 200M FREESTYLE WOMEN 15+					Heat:10, starttime: 10:10
Heat: 10/10 Lane : 3 Athlete: LAMMENS MARY					Q-time: 02:07:32
PB (50m pool): 02:07.39 Antwerpen 17/05/2026					PB (25m pool): 02:04.79 SB: 02:07.39 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:07.39	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:5, starttime: 10:25
Heat: 5/5 Lane : 2 Athlete: FRANÇOIS WOUT					Q-time: 02:17:53
PB (50m pool): 02:17.53 Antwerp 09/02/2025					PB (25m pool): 02:15.89 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.44	01:05.88	01:41.07	02:17.53	
	00:30.44	00:35.44	00:35.19	00:36.46	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 15+					Heat:5, starttime: 10:25
Heat: 5/5 Lane : 7 Athlete: PIRLET WOUT					Q-time: 02:18:84
PB (50m pool): 02:18.84 Antwerpen 27/07/2025					PB (25m pool): 02:24.26 SB: 02:23.89 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:30.10	01:05.20	01:41.66	02:18.84	
	00:30.10	00:35.10	00:36.46	00:37.18	
					

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+					Heat:5, starttime: 10:37
Heat: 5/12 Lane : 5 Athlete: DARRAS NINA					Q-time: 01:12:43
PB (50m pool): 01:12.43 Antwerpen 20/07/2025					PB (25m pool): 01:10.55 SB: 01:12.57 Zwembad Brigitte Becue 26/04/2026
	5 0 M	1 0 0 M			
PB	00:35.69	01:12.43			
	00:35.69	00:36.74			
					

Coach feedback:

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Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:6, starttime: 10:40
Heat: 6/12 Lane : 5 Athlete: VANDEKERCKHOVE JULIETTE			Q-time: 01:11:44
PB (50m pool): 01:11.44 Gent 08/02/2026			PB (25m pool): 01:08.36 SB: 01:11.44 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:34.70	01:11.44	
	00:34.70	00:36.74	
			

Coach feedback:

Event number: 23: 100M BACKSTROKE WOMEN 15+			Heat:10, starttime: 10:48
Heat: 10/12 Lane : 5 Athlete: DE BRUYCKER CHLOë			Q-time: 01:06:11
PB (50m pool): 01:06.11 Antwerpen 17/05/2026			PB (25m pool): 01:07.72 SB: 01:06.11 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:31.81	01:06.11	
	00:31.81	00:34.30	
			

Coach feedback:

Event number: 25: 100M BREASTSTROKE WOMEN 15+			Heat:2, starttime: 11:29
Heat: 2/11 Lane : 5 Athlete: ANDRIES FEBE			Q-time: 01:22:66
PB (50m pool): 01:22.66 Antwerpen 13/07/2025			PB (25m pool): 01:21.50 SB: 01:25.15 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	
PB	00:38.92	01:22.66	
	00:38.92	00:43.74	
			

Coach feedback:

Event number: 26: 50M BREASTSTROKE MEN 15+			Heat:12, starttime: 12:00
Heat: 12/12 Lane : 4 Athlete: HUYGHELIER LOEK			Q-time: 00:28:01
PB (50m pool): 00:28.01 Antwerpen 22/03/2026			PB (25m pool): 00:27.37 SB: 00:28.01 Antwerpen 22/03/2026
	5 0 M		
PB	00:28.01		
	00:28.01		
			

Coach feedback:

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Event number: 27: 50M BUTTERFLY WOMEN 15+										Heat:8, starttime: 12:08																				
Heat: 8/17 Lane : 6 Athlete: DARRAS NINA																				Q-time: 00:31:12										
PB (50m pool): 00:31.12 Zwembad Brigitte Becue 26/04/2026																				PB (25m pool): 00:34.63 SB: 00:31.12 Zwembad Brigitte Becue 26/04/2026										
	5 0 M																													
PB	00:31.12																													
	00:31.12																													
																														

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+										Heat:9, starttime: 12:09																													
Heat: 9/17 Lane : 4 Athlete: GANTOIS JANNE																				Q-time: 00:30:88																			
PB (50m pool): 00:30.88 Antwerpen 08/03/2026																				PB (25m pool): 00:30.68SB: 00:30.88 Antwerpen 08/03/2026																			
	5 0 M																																						
PB	00:30.88																																						
	00:30.88																																						
																																							

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+										Heat:10, starttime: 12:10																																																											
Heat: 10/17										Lane : 8										Athlete: VANDEKERCKHOVE JULIETTE										Q-time: 00:30:87																																							
PB (50m pool): 00:30.87										Antwerpen										08/03/2026										PB (25m pool): 00:33.60										SB: 00:30.87										Antwerpen										08/03/2026									
		5 0 M																																																																			
PB	00:30.87																																																																				
	00:30.87																																																																				
																																																																					

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+										Heat:13, starttime: 12:13																														
Heat: 13/17 Lane : 4 Athlete: LINSKENS ELLOISE																				Q-time: 00:29:92																				
PB (50m pool): 00:29.92 Antwerpen 22/03/2026																				PB (25m pool): 00:33.83SB: 00:29.92 Antwerpen 22/03/2026																				
	5 0 M																																							
PB	00:29.92																																							
	00:29.92																																							
																																								

Coach feedback:

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Event number: 27: 50M BUTTERFLY WOMEN 15+										Heat:15, starttime: 12:15																			
Heat: 15/17 Lane : 5 Athlete: DE BRUYCKER CHLOë																				Q-time: 00:28:42									
PB (50m pool): 00:28.42 Antwerpen 17/05/2026										PB (25m pool): 00:28.19SB: 00:28.42 Antwerpen 17/05/2026																			
	5 0 M																												
PB	00:28.42																												
	00:28.42																												
																													

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+							Heat:17, starttime: 12:17		
Heat: 17/17 Lane : 3 Athlete: LAMMENS MARY							Q-time: 00:28:52		
PB (50m pool): 00:28.52 Antwerpen 22/03/2026				PB (25m pool): 00:29.99SB: 00:28.52 Antwerpen 22/03/2026					
	5 0 M								
PB	00:28.52								
	00:28.52								
									

Coach feedback:

Event number: 27: 50M BUTTERFLY WOMEN 15+							Heat:17, starttime: 12:17		
Heat: 17/17 Lane : 5 Athlete: DESMET LIEZE							Q-time: 00:28:31		
PB (50m pool): 00:28.31 Antwerpen 22/03/2026				PB (25m pool): 00:29.07 SB: 00:28.31 Antwerpen 22/03/2026					
	5 0 M								
PB	00:28.31								
	00:28.31								
									

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:14, starttime: 12:57	
Heat: 14/19 Lane : 6 Athlete: PIRLET WOUT					Q-time: 02:20:26	
PB (50m pool): 02:20.26 Antwerpen 27/07/2025			PB (25m pool): 02:22.20SB: 02:25.17 Brugge 01/02/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:28.96	01:05.39	01:47.85	02:20.26		
	00:28.96	00:36.43	00:42.46	00:32.41		
						

Coach feedback:

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Event number: 28: 200M MEDLEY MEN 15+					Heat:16, starttime: 13:03
Heat: 16/19 Lane : 2 Athlete: VANDEKERCKHOVE JEROME					Q-time: 02:17:86
PB (50m pool): 02:17.86 Antwerpen 08/03/2026					PB (25m pool): 02:12.79 SB: 02:17.86 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:28.81	01:04.99	01:46.33	02:17.86	
	00:28.81	00:36.18	00:41.34	00:31.53	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:16, starttime: 13:03
Heat: 16/19 Lane : 7 Athlete: FRANÇOIS WOUT					Q-time: 02:17:87
PB (50m pool): 02:17.87 Antwerp 09/02/2025					PB (25m pool): 02:14.67 SB: 02:18.91 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.52	01:06.16	01:44.69	02:17.87	
	00:29.52	00:36.64	00:38.53	00:33.18	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:16, starttime: 13:03
Heat: 16/19 Lane : 8 Athlete: THONON MATISSE					Q-time: 02:18:60
PB (50m pool): 02:18.60 Antwerpen 08/03/2026					PB (25m pool): 02:15.40 SB: 02:18.60 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.50	01:03.38	01:45.47	02:18.60	
	00:29.50	00:33.88	00:42.09	00:33.13	
					

Coach feedback:

Event number: 28: 200M MEDLEY MEN 15+					Heat:19, starttime: 13:11
Heat: 19/19 Lane : 7 Athlete: DESMET LEENDERT					Q-time: 02:15:50
PB (50m pool): 02:15.50 Antwerpen 22/03/2026					PB (25m pool): 02:13.24 SB: 02:15.50 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:29.22	01:04.72	01:44.92	02:15.50	
	00:29.22	00:35.50	00:40.20	00:30.58	
					

Coach feedback: